



*The  
Journey  
Starts  
Here*

## Assignment List for Red Stripe

Develop Good Habits That Will Last A Lifetime!

Student Name \_\_\_\_\_ Rank \_\_\_\_\_

Day	Mon	Tue	Wed	Thu	Fri	Sat
<b>ACADEMY</b>						
Help set up and pick up equipment.						
Help clean the school (trash, mirrors, etc.)						
Fold my uniform.						
Treat fellow students and instructors with respect.						
<b>CLEAN ROOM</b>						
Make my bed.						
Hang up my clothes.						
Put away my belongings.						
<b>FAMILY</b>						
Pick up belongings around the house & put away.						
Clean up after meals (take out the trash).						
Treat my family with love and respect.						
<b>SELF CARE</b>						
Brush my teeth (am/pm) put away the toothpaste.						
Take my bath or shower.						
Put all dirty clothes in the laundry hamper.						
<b>SCHOOL</b>						
Remember papers from teacher & books.						
Study hard and listen to the teachers.						
Treat my classmates & teachers with respect.						
Complete homework.						

Use blank lines to fill in special jobs.

Inspected by \_\_\_\_\_ Date \_\_\_\_\_  
Parent or Guardian

Must complete all categories! Turn in two sheets to receive a Red Stripe!